



City Harvest Inc
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City Harvest's Fruit Bowl Program Nutrition Education Internship Opportunity

Organization: City Harvest
Location: New York, NY
Dates: October to mid-December, exact dates flexible
Duration: Approx. 10 weeks or 150 hours
Application Deadline: Until filled, up to 3 slots available

City Harvest is the world's first food rescue organization dedicated to feeding the city's hungry men, women, and children. City Harvest's Fruit Bowl is part of our suite of Healthy Neighborhoods programs, designed to introduce pre-school and after school students in five low-resource communities to a regular supply of fresh fruit and low-fat dairy in combination with a unique nutrition education program.

As an intern with City Harvest's Fruit Bowl, you will schedule and co-lead nutrition workshops for pre-school and after school program staff in underserved urban neighborhoods. These two-hour workshops are interactive and introduce a range of nutrition topics. Interns will receive support from the Fruit Bowl Manager in balancing office and field time, and will pair up with another intern to lead each workshop.

Internship Description:

- Participate in orientation and training with the Fruit Bowl Manager.
- Collaborate with another intern to schedule and co-lead two-hour nutrition workshops for pre-school and after school program staff.
- Take on leadership and administrative responsibilities, including managing the workshop calendar and placing online grocery orders.
- Propose and carry out a culminating project to enhance or build upon some aspect of the Fruit Bowl workshops.
- Participate in a bi-weekly check-in meeting to discuss progress and share feedback.
- Receive ongoing support from the Fruit Bowl Manager.

Intern Qualifications:

- Enrollment in a graduate program in nutrition, public health, health education, or a related field.
- Must be obtaining school credit for the internship or fulfilling fieldwork hours.
- Interest in providing nutrition education to low-income populations.
- Strong presentation skills and the ability to engage an audience.
- Strong interpersonal skills and the ability to work well both independently and in a team setting.
- Strong organizational skills and attention to detail.
- Flexibility and a willingness to implement creative solutions when challenges arise.
- Comfort working with diverse cultures.
- Willingness to travel via public transportation to underserved communities across the five boroughs of New York City.

Please submit application and resume to lkaufman@cityharvest.org or by fax to 646-412-0764, ATTN: Lauren Kaufman. Cover letter not necessary.